



HARBORS

RETIREMENT COMMUNITY



LUNCH MENU SPECIALS

Week of August 30th –September 5th, 2020

Sunday: Pork Loin, Mashed Potatoes w/
Gravy, Apple Raisin Stuffing, Whipped
Squash

Monday: Swedish Meatballs Over Egg
Noodles, Carrots, Fresh Baked Roll

Tuesday: Grilled Chicken Breast w/
Pineapple Peach Salsa, Baked Potato, Green
Beans

Wednesday: BBQ Ribs, Creamy Potato
Salad, Corn on the Cob

Thursday: Swiss Steak, Mashed Potatoes
w/ Gravy, Mixed Vegetables, Fresh Baked Roll

Friday: Shrimp Stir Fry, White Rice, Egg
Roll, Fortune Cookie

Saturday: Meat Lasagna, Tossed Salad, Gar-
lic Bread

Sunday: Pineapple Chicken Salad & Fresh
Baked Muffin

Monday: Ham on Homemade Raisin Bread &
Cup of Soup

Tuesday: Sauerkraut & Pork Casserole &
Fresh Fruit w/Yogurt Lime Dressing

Wednesday: Egg Salad on Homemade
Sourdough Bread & Cup of Soup

Thursday: Shepherd's Pie & Jell-O Salad

Friday: Mushroom & Swiss Burger &
French Fries

Saturday: Chicken Patty on a Bun & Cup
of Soup

NOTE: Weekly Menu items are subject to change without notification